



The Etobicoke Spectrum Baton Club, FOSTERING STRONG MINDS, BODIES AND HEARTS

PROGRAM	LEARN TO TWIRL
PRE-REQUISITE AND MINIMUM AGE	No previous experience needed Minimum age of 4 (as of Dec. 31 ^s of current year)
PROGRAM DURATION AND TIME	10-week session 45 minutes/per week
SYLLABUS/CONTENT	Fun based program coached by certified CBTF Coaches Warm up - fitness and stretching Basic baton technique Basic body/introductory dance technique Invitation to take part in end of year recital (if applicable)
UNIFORM/GROOMING	BLACK one-piece unitard/leotard/bodysuit with short or no sleeve, or fitted T-shirt and shorts, or dance capri pants Jazz shoes, or flexible running shoes Hair up in tight ponytail off of face
PERFORMANCE OPPORTUNITIES	Lakeshore Santa Claus Parade in December (if applicable) Christmas Show/Party in December (if applicable) Annual Recital performance in early June/late May (if applicable)
REGISTRATION COST INCLUDES	One 45-minute class per week Loan of club jacket or sweatshirt for parade (if applicable) Use of baton during weekly classes
REGISTRATION COSTS	\$100/session
COST OF BATON	No cost for use during class, \$20 deposit for use of baton (if size is available) for entire session (can be taken home to use)
OTHER COSTS	\$20-\$25 Performance tank top/costume/t-shirt for end of year Recital (if applicable)
PARENT/FAMILY REQUIREMENTS	We appreciate your efforts to have your child at every class and notifying us of any absence through TEAMSnap, phone or text to coach. Invitation to TEAMSnap will be sent once registration form and payment is received. Parents are encouraged to follow our Facebook and Instagram pages (as well as athletes Instagram page) and must be prepared to commit to paying attention to email messages and responding promptly when required.